



# Attach: Parent Drug & Alcohol Service

Attach to Self and Family / Detach from Drugs.



## Attach works with you to:

- Make informed decisions about your drug and alcohol use
- Identify high risk situations and create strategies for safe decision making
- Challenge negative views you may hold about yourself and develop positive ones
- Learn helpful emotional management strategies
- Increase your positive parenting skills
- Develop more rewarding relationships with your children
- Expand helpful life skills such as budgeting and healthy lifestyle
- Extend supportive networks

## UnitingCare West Attach

16 Sunbury Road  
Victoria Park WA 6100

GPO Box B74  
Perth WA 6838

Ph: 1300 663 298  
Fx: 1300 663 528

[attach@unitingcarewest.org.au](mailto:attach@unitingcarewest.org.au)

[www.unitingcarewest.org.au](http://www.unitingcarewest.org.au)

UnitingCare West is committed to achieving justice, hope and opportunity for all, and works to support and empower in particular those most in need in the WA community. It is a not-for-profit community services organisation and part of the mission of the Uniting Church in Australia and UnitingCare national network.

Attach acknowledges the developers of the Parents Under Pressure (PUP) program - Paul H. Harnett BA MA(Hons) PhD, Sharon Dawe BA MA(Hons) PhD and Vanessa Rendalls BBehSc (Hons).

[www.pupprogram.net.au](http://www.pupprogram.net.au)



Justice, Hope and Opportunity for all

## Who is Attach for?

You are welcome to participate in the Attach service if you have care of a child aged between 0 and 8 years, have problems associated with alcohol or other drugs, and live in one of the suburbs that Attach covers.

You will need to be living between:

- Victoria Park to Armadale
- Mirrabooka and surrounding areas
- Midland and surrounding areas

## How can I be referred?

Referrals will be accepted from a range of sources including contacting Attach yourself, referrals from Alcohol and Drug agencies, Department of Child Protection, Mental Health Services, Department of Corrective Services and other community organisations.

## The Attach workers

- Have had specialist training in working with parents experiencing substance use problems.
- Use the Parents Under Pressure Program.

## About Attach

UnitingCare West Attach recognises that problematic drug and alcohol use rarely occur in isolation.

Many substance using parents are also struggling to cope with problems such as mental illness, family violence, financial difficulties, social isolation and strained family relationships.

UnitingCare West Attach is an in-home counselling service for parents that delivers a practical and flexible 12 week program designed to address these issues.

Parenting a child is challenging and this job becomes even harder when you are using drugs.

Central to Attach is the Parents Under Pressure (PUP) program which builds on your existing strengths as a parent and responds to your individual needs.

Many parents have found the strategies suggested in the PUP program helpful in providing opportunities to create stronger relationships with their children.

*Attach is an in-home counselling service for parents concerned about their substance use with a specific focus on amphetamine use*

