

Talking Realities

Teen parents talking about the realities
of teenage parenting

Talking Realities

“young parents to talk
with young people about the
challenges of parenting”

Further Information

If you would like to book a Talking Realities
young parenting presentation please contact:

Talking Realities

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UnitingCare West is committed to achieving
justice, hope and opportunity for all, and
works to support and empower in particular
those most in need in the WA community.
It is a not-for-profit community services
organisation and part of the mission of the
Uniting Church in Australia and UnitingCare
national network.

Central Office: 16 Sunbury Road, Victoria Park WA 6100
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About 'Talking Realities'

Talking Realities is a peer education program for teen parents to talk with young people about the challenges of parenting. Young parents, 16 to 21 years old deliver a 90 minute interactive and visual presentation on the realities of being a teen parent.

Through the presentation students are provided with information on the realities of being a teen parent, relationships and sexual health. The presentation is delivered by teen parents, therefore it has more impact. It is a unique forum and a great opportunity for students to engage in an open and frank discussion regarding important issues faced by young people today.

"The presenters spoke about real life situations which definitely made it very real to my students. I commend all the presenters on giving a heartfelt account of what their life is now like." Lisa Campbell, teacher at Churchlands SHS.

"Made me want to be careful and not get pregnant until I'm older." Yr 9 girl.

"Hearing people's life experiences made it real." Yr 9 boy.

Topics covered

- Comparing Lifestyles.
- Cost of living.
- What's in a day.
- Children's needs.
- Where will we live.
- Relationships and feelings.
- Some consequences of having a child.
- Sexual health.

Aims and Objectives

To contribute to the capacity of secondary students and young people to make informed choices regarding parenting and health:

- By increasing young people's realistic awareness of potential short and long term consequences of early parenting.
- By increasing young people's knowledge and use of community services and their resources.

To improve the social health outcomes for young parents, female and male:

- By increasing the ability of young parents to become peer educators.
- By increasing young people's knowledge and use of community services and their resources.
- By increasing young parent's access to formal and informal education.
- By increasing young parent's access to education on nurturing, child development and behaviour and health needs of children.
- To decrease the negative stereotypes and opinions held in the community about young parents.

